### MEDICAL STUDENTS' AID PROJECT

## ANNUAL REPORT 2021

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# MESSAGE FROM THE CO-CHAIRS

Reflecting on MSAP's achievements in 2020 despite the inherent challenges from COVID-19 instilled a strong sense of motivation for us as a team to strive towards continued sustainability and growth. We began the year with the vision of seeing MSAP establish new relationships with external organisations, cement its existing initiatives and promote inter-team bonding. While the outbreak of the delta COVID-19 variant in Sydney presented many hurdles in the second half of 2021, MSAP has continued to deliver online opportunities for our members, seeing our vision come to fruition.

Prior to the COVID-19 restrictions in June, we successfully hosted several events including an instructional webinar led by Lecturio, MSAP's newest sponsor. Our in-person events included our annual MSAP Launch Night, featuring a bountiful silent auction; Birthing Kit Night, which saw students pack 1000 birthing kits sent to developing countries; Crossing Borders Palm Sunday Refugee Rally and a grassroots Greening Hospitals Mini-hackathon event designed by our Code Green portfolio, which challenged students to promote environmental sustainability in healthcare.

With increasing restrictions on in-person events in June and due to a large proportion of the medical student audience being overseas, MSAP held hybrid and online events to maintain engagement. Most notably, our hybrid Global Health Short Course unpacked the theme 'Rewire the Future,' with topics ranging from the impact of artificial intelligence on global health to the state of global mental health in war-torn areas. The Crossing Borders portfolio organised the National Justice Project and the Interpreter program in collaboration with UNSW School of Language. Moreover, our Projects Officers conducted an online Maternal Health Workshop, involving speakers from Médecins Sans Frontières, to continue our long-standing engagement with maternal health issues. Given that overseas electives were cancelled due to the pandemic, our Electives officers also initiated a Rural Elective Aid Program to support students undertaking placements in rural NSW. The first year representatives concluded the MSAP calendar year by organising a highly successful online Trivia Night to engage younger medical students.

Throughout 2021, we have also continued publishing our monthly global health mailout and strengthened our social media presence through weekly global health quizzes and sharing the latest news in international health on 'Media Mondays'. Our Alumni and Sponsorship Officer and Treasurer also sought out new sponsorship opportunities and financial support streams for MSAP, enabling us to make a profit after years of net financial losses.

Despite the challenging year, the MSAP team has strived to follow through with our vision and mission by adapting our events and advocacy campaigns to online platforms. Our resilience in promoting global health issues, and the dedication of the advocates in our team, have directly ensured MSAP's success in 2021.

-Joanne Joseph & Yamema Esber, 2021 Co-Chairs

### WHO WE ARE

#### **OUR STORY**

Medical Students' Aid Project (MSAP) was established in 2001 by then-UNSW medical students Greg Fox and Greg Moloney. Fox and Moloney, known affectionately as "The Gregs," were inspired to set up the organisation after their elective placements in a Malawi hospital where they were made critically aware of the pitfalls of resource-poor communities. On one experience attending to a car accident victim, they opened the resuscitation box only to find a band-aid and a dead cockroach. This realisation of the stark lack of basic medical equipment in resource-poor communities motivated them to establish MSAP to initiate a medical supply project supported by medical students at UNSW (now the Elective Aid Program). Nineteen years later, MSAP continues its legacy of supplying medical aid around the world and has developed its role in educating and advocating for global health issues.

### **OUR VISION AND MISSION**

MSAP envisions a world with equitable, sustainable and universal healthcare. By educating and connecting medical students and tomorrow's health practitioners, MSAP aims to empower a new generation through local and international projects, education and advocacy.

#### MANAGEMENT STRUCTURE

MSAP is a student-led organisation at the University of New South Wales, Sydney, Australia. MSAP is run by a team of 16 volunteer Executive members along with an additional team of subcommittee volunteers, overseeing a general membership of over 1100 students and a growing Alumni and Community Network. We support our work through donations, fundraising, and sponsorship.

As the global health group of the UNSW Medical Society, MSAP also represents UNSW on the Australian Medical Students' Association (AMSA) Global Health Council. MSAP supports AMSA Global Health with regard to national health projects and advocacy campaigns and seeks to voice the opinions of UNSW medical students at national councils and meetings.

MSAP is supported by an Advisory Board which was established in 2018 to advise the Executive team and maintain institutional memory. The MSAP Board consists of up to seven members, composed of the organisation's co-founder and past Executive office-bearers.

#### **MSAP ADVISORY BOARD 2021**

Greg Moloney Co-founder Patrick Song 2018 Secretary Isaac Chan 2017 Co-Chair Yuri Nwe 2019 Co-Chair Lokesh Sharma 2018 Co-Chair Roshell Perera 2019 Co-Chair

## MSAP EXECUTIVE 2021



Joanne Joseph *Co-Chair* 



Yamema Esber *Co-Chair* 



Rachel Tam Secretary



Aarushi Rastogi *Treasurer* 



Mansi Tiwary Alumni & Sponsorship Officer



Jenny He Publicity Officer



Eric Myat

Education Officer



Pabasha Nanayakkara Education Officer



Mikayla Li *Projects Officer* 



Isabella Natale Projects Officer



Yvanna Lei Electives Officer



Matthew Patrio Sugiarto Electives Officer



Hannah Yuan Crossing Borders Coordinator



Jumpei Takeuchi Code Green Coordinator



Aisha Abdu First Year Representative



Saleha Sehgol First Year Representative

## LOCAL INITIATIVES

### **LAUNCH NIGHT**

by Yvanna Lei & Matthew Patrio Sugiarto, Electives Officers

Cost in 2021: \$20.00

Funding: Gold coin donations, silent auction

Launch Night, MSAP's first event of the year, aimed to engage Phase 1 students as well as encourage alumni involvement with MSAP. The event showcased a previous participant of the Elective Aid Program as she highlighted her personal experiences in Israel and Zambia. Attendees were also invited to visit booths set up by each portfolio under MSAP to learn about our organisation's work. The silent auction was once again held successfully as a fundraising effort, made possible by our sponsors AMBOSS, Art Gallery NSW, Kenhub, Lecturio, Messina, Osmosis and 9 Degrees Bouldering.









### **BIRTHING KIT NIGHT**

by Mikayla Li & Isabella Natale, Projects Officers

Cost in 2021: \$60.00

Funding: Ticket sales, bake sales, sponsors, raffle tickets

Every day, 810 women die from preventable causes related to pregnancy and childbirth and 99% of maternal deaths come from low-middle income countries. 2021 allowed some reprieve from the COVID-19 related challenges that Birthing Kit Night (BKN) faced last year and an in-person event was successfully held to aid safer and more sanitary births for women in under-resourced countries.

Under COVID-19-safe conditions, BKN packed 1000 kits with the help of 85 volunteers. MSAP purchased no new kits this year as there were 1000 kits left over from 2020. These kits were donated to Birthing Kit Foundation to be distributed to remote settings in over 30 countries. Our charitable sponsor, UNSW School of Women's and Children's Health, donated \$1000 that will be used to purchase kits for next year. Other generous sponsors included F45, Lecturio, AMBOSS, Osmosis, TSUNO pads and Art Gallery of NSW kindly provided raffle prizes that summed to approximately \$2225 in value. Our bake sale in 2021 also generated \$150 in profits thanks to our MSAP executive and Projects subcommittee.

Currently, 2.4 million birthing kits have been distributed by Birthing Kit Foundation to women in need, and we aim to continue working with this organisation to increase this number in the future.









### MATERNAL HEALTH WORKSHOP

by Mikayla Li & Isabella Natale, Projects Officers

Cost in 2021: Nil.

On September 25th, MSAP Projects presented an online Maternal Health Workshop in collaboration with Medecins Sans Frontieres (MSF). We were fortunate enough to have presentations from Dr Claire Fotheringham, Head of the MSF Australia Medical Unit, and Melissa Hozjan, a paediatric and neonatal nurse, on their first-hand experiences with obstetrics and gynaecological issues in developing countries. As medical students in the developed world, we often can't appreciate the extent of these issues, such as the maternal mortality of 638 per 100,000 live births in Afghanistan due to issues such as pre-eclampsia, infection, abortion and haemorrhage. This workshop allowed us to better understand the global realities, as well as learn more about MSF and their work.

Whilst we had hoped to run this event as a hands-on workshop, the presenters did an excellent job of engaging students with breakout rooms, Q and A sessions and interactive quizzes. We had 60 attendees at this event, including students from UNSW Medical Science, and we hope to continue engaging a broad range of students.

This was an enlightening and invaluable experience, and there was very positive feedback from participants who enjoyed both the information and presentation format. We look forward to collaborating with MSF in the future, and to seeing the Maternal Health Workshop become a flagship event for the Projects portfolio.

### **GLOBAL HEALTH BRIEFING (MAILOUT)**

by Rachel Tam, Secretary; Eric Myat & Pabasha Nanayakkara, Education Officers

The monthly mailout, distributed to all MSAP members, is an opportunity for MSAP to raise awareness about pertinent issues in the global health sphere. This year, we continued our efforts through eye-catching infographics, covering issues such as COVID-19 misinformation, non-communicable diseases, vaccine inequity, and neglected tropical diseases. Not only did the mailouts provide information, but they also facilitated action by outlining resources and concrete ways in which individuals could contribute to healthcare equity. The mailout continues to be a useful tool for MSAP to educate and inspire current students.

### **GLOBAL HEALTH SHORT COURSE**

by Eric Myat & Pabasha Nanayakkara, Education Officers

Cost in 2021: \$445.00 Profit in 2021: \$1444.00

Funding: Sponsors, ticket sales, raffle tickets, UNSW Arc SCDG grant

While we hoped to hold a fully in-person Global Health Short Course (GHSC) this year, much of our plans were thwarted due to the emergence of the delta variant of COVID-19. As a result, we had to quickly pivot to a hybrid online/in-person event where the lecture and panel components remained largely online and accessible to both our onshore and offshore attendees, while the workshops were held in-person for onshore participants with reduced capacity. Overall, the event went as smoothly as it possibly could. Although we encountered a few setbacks along the way (mostly logistical issues), the pivot to a hybrid GHSC "rewired the future" for the better as it allowed greater flexibility and the possibility to include an international speaker as part of our panel once again.

Over its four-night run, GHSC '21 had more than 90 attendees (consisting of both onshore and offshore students) — a slight drop in attendance compared to last year due to the event being ticketed this year. Nonetheless, we made sure to provide extra perks to those that attended, mainly in the form of a certificate signed by the Dean of Medicine and Health. As in previous years, the GHSC featured two lectures and a panel discussion which explored the tobacco industry's exploitation of the global youth. The first lecture, 'The role of AI technology in medicine and global health', was delivered by Dr. Daniel Catchpoole, the former Head of the Tumour Bank at the Children's Hospital at Westmead and former President of the Australian Genome Technologies Association. The second lecture, 'Global Mental Health', was delivered by psychiatrist Dr. Greg Keane who is highly involved with MSF and its clinical operations internationally. The talk by Dr. Catchpoole provided insightful knowledge into the emerging field of AI and genomics while Dr. Keane explored how severely underfunded mental health services are globally and provided tangible ways to properly address this deficiency as future clinicians/activists.

Our panel on the tobacco industry's exploitation of global youth consisted of Ms. Kylie Lindorff (chair of the board of the Framework Framework Convention alliance and manager of Tobacco Control Policy at the Cancer Council Victoria in Australia), Dr Andrew McDonald (former Director of Paediatrics at Campbelltown Hospital and former NSW Shadow Minister for Health), Professor Michael Farrell (Director of the National Drug and Alcohol Research Centre, UNSW), Dr. Becky Freeman (associate professor at the University of Sydney and expert adviser to the WHO on strengthening tobacco advertising bans in the age of digital online media), and Dr. Yul Dorotheo (ophthalmologist and executive director of the Southeast Asian Tobacco Control Alliance (SEATCA)). The panellists shared their knowledge and opinions in response to the audience's thought-provoking questions, making for an incredibly fascinating and informative evening.

#### (cont'd.)

In collaboration with MSAP's Crossing Borders and Code Green portfolios, we were also able to integrate workshops into GHSC 2021 which added a practical component to the historically lecture-heavy event. This encouraged attendees to explore practical solutions to real-world problems — effectively bridging the gap between interest and action. Since the workshops were delivered in-person and, thus, only open to onshore students, the number of attendees were significantly less than that of previous years. However, this allowed attendees to have more personalised interactions with the coordinator/facilitator, making discussions highly individualised and fruitful.

Overall, GHSC '21 was a success and we would like to extend our heartfelt thanks to our wonderful executive team, enthusiastic subcommittee members and generous sponsors. We look forward to a bigger, better, and fully in-person (hopefully) GHSC in 2022!









### FIRST-YEAR ENGAGEMENT

### **UNSW MEDICINE ORIENTATION DAY**

by Rachel Tam, Secretary

On February 10, 2021, several MSAP Executives greeted prospective first-year medical students at the annual UNSW Medicine Orientation Day. Our representatives highlighted the organisation's key events and initiatives to introduce the first-years to MSAP in an effort to engage the newest members of the Medicine community in the work of MSAP. All in all, the event was highly successful, with over 120 students subscribing to our Monthly Mailout and becoming MSAP members!

### **MEDCAMP**

by Mikayla Li & Isabella Natale, Projects Officers

On April 12th, the MSAP Projects team ran a booth on the last day of MedCamp to introduce first-year medical students to MSAP's goals and vision. To engage students, we included a global health quiz and promoted upcoming events including Birthing Kit Night and the Global Health Short Course. We also encouraged students to sign up to our mailout and join the various MSAP subcommittees.

### FIRST YEAR REPRESENTATIVES

by Aisha Abdu & Saleha Sehgol, First Year Representatives

The MSAP First Year Representatives' key aim is to engage the first-year cohort. This was particularly challenging in 2021 given the sudden lockdown in June. However, the representatives adapted their events to cater to an online audience. They harnessed the opportunity to market other portfolio's events such as Project's Maternal Health Workshop and Crossing Border's Interpreting Program to the first-year cohort.

The representatives also contributed a piece to the monthly mailout, exploring vaccine inequity across the globe, using India and Israel as case studies. To sustain first-year engagement they also organised an online Phase 1 Trivia with the categories of: COVID-19 Crisis, Pop Culture, Global Health, and the Olympics. This event was highly successful, with a large turnout of teams from Phase 1 and valued prizes given to the winning team. Despite the lockdown, the representatives were able to maintain a high level of first-year engagement. This is promising as it seems that virtual engagement will be a preference for the future as international students indefinitely remain offshore.

# RURAL, REGIONAL & INTERNATIONAL PROJECTS

### **RURAL ELECTIVE AID PROGRAM (REAP)**

by Yvanna Lei & Matthew Patrio Sugiarto, Electives Officers

Cost in 2021: \$691.90

**Funding: Charitable donations** 

The Elective Aid Program (EAP) is MSAP's very first and longest-running project. It aims to assist fifth-year medical students embarking on their electives to provide much-needed medical equipment to resource-poor hospitals in developing nations. MSAP achieves this by providing funds and assistance in purchasing the equipment.

Due to COVID-19 and the resulting travel restrictions, the 2021/22 cycle of the EAP was unable to proceed. Therefore, EAP was repurposed to fund students embarking on rural electives within Australia, rebranded as the Rural EAP (REAP). Multiple students expressed interest in REAP, but ultimately only one student participated in our program as other electives were cancelled due to interstate travel restrictions. MSAP provided a total of 691.90 AUD worth of medical equipment to Deniliquin Clinic in rural NSW this year. We hope that the EAP can successfully resume next year as travel restrictions progressively ease.

### **FOOD FOR THOUGHT**

by Mikayla Li & Isabella Natale, Projects Officers

Cost in 2021: Nil.

Food for Thought (FFT), started by Heeral Thakkar and Sharanya Mohan (MSAP alumni), has provided nutritionally-complete meals to students at Seem Shala Jibhaipura school in India for the past 6 years. In previous years, MSAP Projects officers and subcommittee members would complete a data analysis on weight, height and age of these school children to assess the initiative's progress. Moreover, MSAP Projects would develop health education videos sent to the school in Gujarat, India and help fundraise at the Diwali Mela festival at Bella Vista Farms.

Unfortunately, due to the COVID-19 pandemic ,these activities could not be conducted in 2021, but FFT and MSAP aim to resume these events in 2022.

# AMSA GLOBAL HEALTH INITIATIVES

### AMSA GLOBAL HEALTH REPRESENTATIVE

by Joanne Joseph & Yamema Esber, Co-Chairs

MSAP has been fortunate to work with AMSA Global Health (GH) Representatives across Australia, collaborating to share ideas for events, challenge our world views and upskill our members on practical ways to implement global health-related content. This year, the UNSW AMSA GH Representative role was integrated into the role of the MSAP Co-Chairs. This involved taking part in AMSA GH Forums, GH Intensive and other AMSA events run throughout the year. As AMSA GH Reps, we were educated on ways of self care to become better leaders for our GH group which was passed on to our committee. The educational panels at GH Forum also increased our knowledge of global health issues — we learnt about mental illness scenarios managed by doctors from MSF, period positivity, challenging the white saviour mentality and decolonising global health, to name a few.

Additionally, as GH Representatives, we volunteered to hold a satellite for streaming the AMSA Forums at UNSW, which allowed us to meet like-minded individuals from other universities whilst adhering to the social distancing guidelines. Considering many of our MSAP events were online this year, collaborating with other GH groups also allowed us to boost our publicity for events on other groups' social media platforms, enabling us to reach a wider audience.



# CROSSING BORDERS by Hannah Yuan, Crossing Borders Coordinator

MSAP Crossing Borders is one of AMSA's many Crossing Borders branches across the country. Crossing Borders aims to proactively and reactively advocate for the rights of refugees and asylum seekers both nationally and internationally.

### **REFUGEE HEALTH WORKSHOP (GHSC)**

The Refugee Health workshop sought inspiration from last year's How to: Advocate for Refugee Health workshop newly introduced to GHSC 2020. This year's workshop was designed to complement the lecture and panel components of GHSC 2021, and particularly aimed to provide attendees with the opportunity to develop their advocacy skills.

This year, the Refugee Health workshop featured guest speakers James Supple and Ian Rintoul from Refugee Action Coalition (RAC). James and Ian opened the workshop with information on how refugee rights have progressed in Australia and highlighted the recent reforms to refugee legislation in Australia. Students were then asked to break into small groups and attempt to draft an email to their local Member of Parliament (MP) to advocate for better treatment of refugees in Australia. James and Ian were able to speak to the workshop attendees individually during this time and offer their assistance in drafting advocacy emails.

Overall, this workshop was a success with 24 attendees. Although the attendance was lower than in 2020 due to COVID-19 social distancing requirements, many participants noted that they appreciated the in-person and hands-on nature of the workshop.



### PALM SUNDAY RALLY

MSAP Crossing Borders ran an in-person Banner Making Night and took part in the Sydney Palm Sunday Rally on Sunday March 28th. This year, the annual Palm Sunday Rally was focused on advocating for the provision of permanent visas to refugees who have arrived in Australia and for the closure of all detention centres.

The in-person rally featured speeches from refugees with lived experience of being detained in the inhumane conditions of Australia's detention centres.









# NATIONAL JUSTICE PROJECT VOLUNTEER GROUP

The National Justice Project is a not-for-profit legal service that aims to represent and give a voice to vulnerable peoples, such as refugee peoples, who would otherwise be unable to find legal representation. Participating in the NJP allows UNSW medical students the opportunity to engage in hands-on advocacy, empowering students to create tangible change and impact.

In 2021, students helped to create case chronologies and utilise their clinical knowledge to interpret medical records, assisting the NJP teams to advocate for vulnerable peoples.

### **REFUGEE WEEK**

Due to the ongoing impacts of COVID-19 in NSW, this year's Refugee Week events were all held virtually. Refugee Week ran from the 18th-24th of July, and this year's theme was 'Unity.'

Events included a National Symposium, a virtual Movie Night screening the documentary 'For Sama' and a weeklong Goods Donation Drive (run in states where lockdown restrictions did not impose a significant barrier to donations). The National Symposium involved a thought-provoking discussion surrounding the topic "Refugee Policy vs Do No Harm - An Ethical Dilemma." Speakers from various backgrounds were featured, including:

- 1. Senator Nick McKim (Co-Deputy Leader of the Australian Greens in the Senate)
- 2. Hon MP Graham Perrett (Australian Labour Party, Representing the QLD seat of Moreton)
- 3. Dr. Barri Phatarfod (Founder and President of Doctors4Refugees)
- 4. Dr. Jackson Harrison (Junior Doctor, Board of Doctors4Refugees).
- 5. Dr. Tanveer Ahmed (Psychiatrist, author, and columnist for the Australian Financial Review, Advisor to the Federal Government on Immigration and social cohesion)
- 6. Omar Alshogore (Syrian refugee, human rights activist, and international public speaker)
- 7. Adnan Choopani (currently detained in Brisbane Immigration Transit Accommodation
- 8. Kon Karapanagiotidis OAM (CEO and Founder of the Asylum Seeker Resource Centre)
- 9. Laura Chalk (Lawyer and Policy Officer at the Department of Premier and Cabinet)

### **INTERPRETER PROGRAM**

The Interpreter Program took place virtually again this year following its success in 2019, and online in 2020. It was held in collaboration with the UNSW Arts and Languages Interpreting School once again. The Interpreter Program aims to upskill students by allowing them to practise OSCE-style simulated patient interactions using an interpreter and a culturally and linguistically diverse (CALD) patient.

Around 60 medical students participated and similar numbers were seen from the Interpreting School. Students were able to provide feedback on the program and positive feedback was received as students commented on the uniqueness of this opportunity to broaden their clinical skills.



MSAP Code Green is a local branch of AMSA Code Green, a climate change and health initiative under AMSA Global Health. Code Green aims to educate students on the health effects of climate change and advocate for environmentally-conscious practices.

### **CLIMATE HEALTH WORKSHOP (GHSC)**

The Climate Health workshop was built upon last year's *Climate Change Mini-Hackathon* that was newly launched as part of GHSC 2020. The primary aim of this year's workshop was to once again complement the lecture and panel components of GHSC 2021, and allow participants to deepen their understanding of climate advocacy and practical changes they can make as medical students to improve planetary health and promote sustainability.

This workshop was run in collaboration with 1 Million Women Australia and featured the organisation's founder and CEO, Natalie Isaacs, as the guest speaker. Natalie used several personal anecdotes and videos to engage the audience and underscore the significance of promptly addressing climate change. The attendees were then divided into groups where they were asked to brainstorm ways in which they could reduce waste in different industries, including the pharmaceutical and medical industries.

Overall, this workshop was a success with around 17 attendees. Although attendance was once again lower compared to last year due to COVID-19 social distancing requirements, attendees were able to demonstrate their understanding of climate change and pitch their innovative ideas geared at driving sustainable change directly to Natalie.





### CLIMATE CHANGE MINI-HACKATHON

The Climate Change Mini-Hackathon was a flagship event of the Code Green Portfolio held on 26th April in collaboration with UNSW Founders. This event aimed to educate students about healthcare sustainability and planetary health as a whole. It also offered students the opportunity to foster creative ideas to address environmental issues in healthcare. Approximately 25 students participated in this event, pitching original and impactful ideas to a panel of judges from UNSW Founders and the George Institute of Global Health. Positive feedback was received from the participants, who appreciated the uniqueness of this opportunity to learn business skills and design creative solutions to address healthcare sustainability problems.









### **GREEN JULY**

Green July was a social media campaign organised over 4 weeks in July in collaboration with UNSW Medical Society's environment subcommittee. This campaign aimed to promote sustainable practices in our daily lives. Four different sustainability challenges were posted online each week, and participants were required to achieve certain tasks and send in their submissions. Winners of the challenges were awarded with prizes.

### **CLIMATE RALLY**

On the 21st of May, School Strike for Climate organised a nation-wide climate strike in collaboration with various environmental advocacy groups. AMSA Code Green called upon numerous contingents to participate in a strike across 13 cities and an online rally, bringing medical students together to advocate for a greener and healthier planet. MSAP Code Green organised a Sydney medical student contingent in collaboration with Code Green groups from the other medical schools in Sydney. More than 30 medical students in Sydney joined other passionate young environmental advocates from all over the city. The MSAP executive also created a poster and contributed to the online strike via social media and the AMSA Online strike pages.



## FINANCIAL REPORT

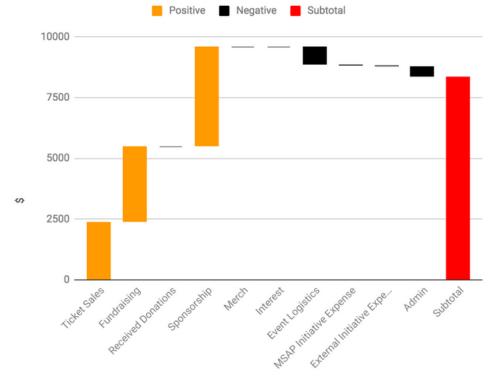
by Aarushi Rastogi, Treasurer

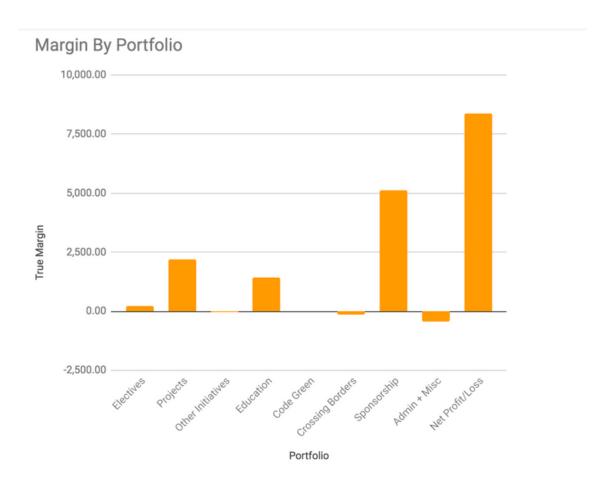
### YEAR IN REVIEW

Despite the challenges arising from the pandemic, 2021 was one of MSAP's most financially successful years in recent times, with a net surplus of \$8,361.85. This was a marked improvement from 2020, where we sustained a loss of \$3,705.47. This year's outcome was largely attributable to a significant decrease in our expenditure, as well as massive progress in our ability to generate revenue beyond ticket sales.

The main drivers of our income were sponsorship and fundraising. Partnerships with external organisations, including AMBOSS, Lecturio, MedSoc, and the UNSW School of Women's and Children's Health resulted in us receiving \$3,300 in sponsorship. We received another \$300 through the Grill'd Local Matters initiative. Additionally, we received \$490 through the Arc Student Community and Development Grant (SCDG) for the Global Health Short Course (GHSC). Fundraising through Bunnings barbeques, bake sales, raffles and auctions also raised a total of \$3,129.21. Notably, due to the lockdown and COVID-19 restrictions, revenue from ticket sales was lower than in typical years.

Our total expenditure for 2021 (\$1,234.38) was significantly lower than that of 2020 (\$12,844.3). This was primarily due to the halt of the Elective Aid Program (EAP) (spent \$2,182.93 in 2020) and the termination of our agreement with Medical Action Myanmar (spent \$2,012.00 in 2020). Moreover, we did not have to bear the cost of birthing kits for Birthing Kit Night (spent \$5000 in 2020), as these were mostly unused in 2020 and hence were carried over.





### **CHALLENGES & FUTURE PROJECTIONS**

Similar to 2020, the key challenges faced by MSAP this year resulted from COVID-19 restrictions. Many of our events were conducted online and were not ticketed. Moreover, online events that were ticketed failed to gather interest from the community and had a limited number of attendees. One such example is GHSC, which has been one of MSAPs greatest sources of income in previous years, typically attracting over 300 attendees and generating up to \$5000. With only around 100 attendees this year, GHSC saw a markedly reduced net gain of \$1444. To improve engagement, ticket prices for online events should be re-evaluated in 2022. Due to the pandemic, we were also unable to execute our fundraising plan of 3 Bunnings barbecues and 3 bake sales for the year. While we were able to conduct 2 barbecues and one bake sale, the additional 3 fundraising events would have resulted in an increase in net profit by ~\$1700.

It is projected that MSAP may have a net gain of approximately \$2500 in 2022. Event expenditure is expected to increase, as a new set of birthing kits will need to be purchased for the next Birthing Kit Night (expected cost of ~\$5000). However, as COVID restrictions ease, funds raised from Bunnings barbeques and bake sales (expected ~\$4500) would offset this expense. The continued cessation of international EAP for the 2021/2022 cycle will result in reduced expenditure in comparison to a typical year.

As more long-term partnerships are established in 2022, revenue from sponsorship and raffles is expected to increase. Donation income is also projected to increase as a result of planned efforts to improve engagement with alumni and other potential donors.

## ALUMNI & COMMUNITY NETWORK

by Mansi Tiwary, Alumni & Sponsorship Officer

Like previous years, our main mode of communication with MSAP's Alumni & Community Network in 2021 has been through the biannual alumni mailout. Through the mailout, we have informed network members about MSAP's achievements, which were made possible with their support. Additionally, this year we used the mailout to invite members of the Alumni & Community Network to attend our in-person events as introductory speakers and mentors. We were unsuccessful on this front, as most network members are healthcare professionals with packed schedules. However, after extensive discussions with the MSAP board, we have decided to incentivise such opportunities in future years to facilitate Alumni & Community Network involvement and mentorship at MSAP events. We will also advertise these opportunities more extensively on our social media platforms.

Furthermore, we were successful in organising an Alumni Dinner event this year, which did not occur in 2020 due to COVID-19 restrictions. The event was held at Hurricane's Grill in Circular Quay on Thursday the 16th of December, 2021 and was attended by MSAP alumni (including members from the graduating class of 2021), as well as incoming and outgoing MSAP executive members – a total of 9 attendees. The Alumni Dinner was an excellent way for past, present and future MSAP executives to familiarise themselves with one another, and share ideas, experiences and advice. One drawback of the event was low attendance, which occurred as a result of the event being held during the holiday season, a sudden surge in the number of active COVID cases due to the emergence of the Omicron variant, and a scheduling conflict with MedShow performances. Next year, we will schedule the event at a more suitable time of the year in order to maximise attendance and engagement.

The MSAP Alumni & Community Network is an important part of our efforts to ensure continuity and organisational memory as MSAP continues to see more growth and weather more changes. We are immensely grateful to and appreciative of our alumni and members of the community for their donations, mentorship and guidance.





### **GET INVOLVED**

### 1. BECOME AN MSAP MEMBER

MSAP members receive monthly Global Health Briefings on current and relevant global health topics. In addition, members also receive information on upcoming events and volunteering opportunities both within and outside of MSAP. MSAP members are invited to attend our events and apply for subcommittee & executive positions.

Become a member here: <a href="https://www.msap.org.au/get-involved/">https://www.msap.org.au/get-involved/</a>
Stay in the loop on Facebook: <a href="https://www.facebook.com/msapfb">https://www.facebook.com/msapfb</a>

Keep up with our Instagram: @msap\_unsw

# 2. BECOME AN MSAP ALUMNI & COMMUNITY NETWORK MEMBER

We invite all past UNSW students and members of the community to be a part of the Alumni and Community network. The Alumni and Community Mailout, sent to all members of this network, allows our members to be updated on our events and projects. This twice-yearly mailout provides an overview of our goals and achievements for the year and is a chance for members to be involved in our work.

To learn more about MSAP, or to keep in touch with our work, sign up here: <a href="https://www.msap.org.au/alumni">https://www.msap.org.au/alumni</a>



## **DONATE & SUPPORT** OUR WORK

As a not-for-profit organisation, we rely heavily on our generous donors and sponsors to stay true to our mission of educating students and the broader community to act towards equal and universal healthcare, advocating for equitable and sustainable healthcare in Australia and developing nations, and collaborating with like-minded organisations and communities to achieve our goal of reducing health disparities.

You can now donate in one of the three following ways:

### 1. Donate online via our website

Simply visit: <a href="https://www.msap.org.au/donate-2">https://www.msap.org.au/donate-2</a>

### 2. Donate via cheque

Please address the cheque to UNSW Sydney and mail to:

**UNSW Philanthropy Office** Level 28, 320 Pitt Street Sydney, NSW 2000

Attn: Donor Services Team

In the envelope, please place a note marking the donation for "PS22264 - Medical Students' Aid Project", and include your contact details.

All proceeds collected online and via cheque will be put towards the Elective Aid Program. Alternatively, donating via bank transfer allows you to elect another MSAP project to put your money towards.

### 3. Donate via direct bank transfer\*

Account number: 10882903

BSB: 062-303

Reference: Initials of your chosen project/your first name and last name e.g., Jane Doe donating towards the Global Health Short Course = GHSC/Jane Doe Please see earlier sections of the report to learn more about projects you can support through your donation.

Bank transferring is NOT tax deductible.

<sup>\*</sup>Donating via our website and via cheque are both tax deductible options.

## SPONSORS

We would like to extend our deepest gratitude to the following sponsors for their kindness and generosity in 2021.



Lecturio is a major partner of MSAP. In addition to providing us \$500 in financial support in 2021, they also provided 71 months' worth of Lecturio access, distributed as prizes at various events, as a form of in-kind sponsorship.

Lecturio is an all-in-one study resource for medical students that combines learning science and medical education into one easy-to-use platform. You can access a variety of high-yield medical video lectures, take a closer look at the human body with scientifically-accurate 3D anatomy models, test your knowledge and assess your learning progress by answering interactive quiz questions, and prepare for exams using the most advanced question bank available. Even better, all of Lecturio's exam-style clinical case questions include text and video answer explanations.



AMBOSS was one of our partners this year, providing \$300 in financial sponsorship and 66 months' worth of AMBOSS+ access codes for silent auction winners at Launch Night and raffle winners at Birthing Kit Night and the Global Health Short Course as a means of in-kind sponsorship.

AMBOSS is a breakthrough medical learning platform which guides students from their early years of medical school all the way to the wards. It can also be used as a tool to help you excel in USMLE exams! Its comprehensive knowledge library and case-based question bank cover all the topics you will encounter in exams, such as anatomy, physiology and microbiology. The analysis tool, along with several other intelligent learning features, will help you track your performance and accelerate your studies.



Osmosis donated 10 months' worth of Osmosis Prime memberships as in-kind prizes for Launch Night, Birthing Kit Night and the Global Health Short Course.

Osmosis empowers millions of current and future health professionals around the world with a better understanding of medicine and health topics. Learn more and forget less with over 1,600 fun, easy-to-digest videos and tools that help you study more strategically, at your own pace. The Osmosis platform also empowers students to gain knowledge for the long term with practice questions, flashcards, high-yield notes, and a dedicated study schedule that optimises your review sessions automatically, so you can focus on what matters: your future career in health.



Kenhub provided 9 months' worth of Kenhub premium membership as a prize for the silent auction at Launch Night 2021, valued at \$306 altogether.

Kenhub provides extensive human anatomy learning resources spanning gross, clinical and cross-sectional anatomy, histology and medical imaging. Our dynamic, effective and guided approach to learning anatomy is brought to you via a full anatomy atlas, in-depth articles, videos and a variety of quizzes which can be tailored to your level. Lectures are divided into body regions, making your learning even easier. Discover popular, commonly examined topics like the scapula, humerus and deltoid with our upper extremity anatomy lectures and the thigh and tibia with our lower extremity lectures.

Choose from several more topics within our human back, head and neck, thorax, abdomen and pelvis and neuroanatomy lectures like the heart, brain, skull, pancreas, liver, diaphragm, hippocampus and cranial nerves. If you're a complete beginner to human anatomy, our basics lectures will help you lay the foundations with topics like the skeleton, bones and endocrine system. Kenhub is suitable for all healthcare professionals, from doctors to physiotherapists to osteopaths. Our platform is also the first anatomy and histology learning tool optimized for color blindness. If you'd like to use our images for teaching or other purposes, we offer tailor made licenses.



F45 donated a 3-month membership (valued at \$974.35) as a raffle prize for Birthing Kit Night.

F45 offers thousands of exercises, customized training systems, circuit movement patterns, timing modules and workouts that change on a daily basis. Each F45 studio has access to these training systems. Integrated technology is a key aspect of the systematic aesthetic – with the same video workout demonstrations and F45 DJ playlists played across all studios. Its drawing capacity is its 45-minute session that combines high-intensity interval training (HIIT), functional training and circuit training. The fusion of interval, strength and cardiovascular training is targeted at burning fat while building lean muscle.



The UNSW School of Women's and Children's Health provided us \$1000 in financial sponsorship this year which will support Birthing Kit Night in 2022.

Based at the Randwick Hospitals Campus in the Royal Hospital for Women and Sydney Children's Hospital, the School is comprised of the clinical disciplines of Obstetrics & Gynaecology and Paediatrics, together with the National Perinatal Epidemiology & Statistics Unit (NPESU), and affiliated with Children's Cancer Institute (CCI). The School has substantial commitment to undergraduate and postgraduate medical education, and provides significant and expert clinical services across subspecialties in both disciplines. The School also has a strong research focus.



9 Degrees Bouldering donated  $4 \times $50$  9 Degrees gift cards for Launch Night and the Global Health Short Course.

Since 2015 our gyms have proudly been providing a welcoming space for our visitors to move their bodies, connect with others and escape the stress of work and life. We believe that bouldering makes you happy and by fostering a unique culture of inclusiveness and community we endeavour to cultivate positive experiences and meaningful relationships that enrich the lives of our customers and staff alike. At 9 Degrees, every climb, or 'problem', has been designed with its own solution in mind - the challenge is figuring each climb out!

