# THE MEDICAL STUDENTS' AID PROJECT



# ANNUAL REPORT



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# MESSAGE FROM THE CHAIRS

In 2018, the Medical Students' Aid Project (MSAP) went from strength to strength, steadily growing our impact and reach to communities around the world.

As Carrie Lee, Isaac Chan and the MSAP Executive of 2017 handed the reins over, they left very big shoes to fill. Heading into the new year, we began to map the coming twelve months for our organisation. With ongoing mentorship from our successors and an incredibly talented team behind us, we aimed for "above and beyond"; pushing MSAP's horizons farther than ever. In particular, we wanted to focus on providing global health education opportunities, raising our advocacy profile and the Elective Aid Program.

Global health education has always been a key priority for MSAP, and 2018 was no exception. This year's Global Health Short Course (page 19) was themed 'fire starts with a spark' and certainly set the university alight, captivating over 300 students each night for four weeks. We also launched the MSAP Summer Research Scholarship (page 17). Hosted in conjunction with the George Institute for Global Health, three students were given the opportunity to explore a career in global health research through an eight-week research project. Dr Shannon Thomas, one of MSAP's founding members from 2001, generously donated funding for a student stipend, while world-class researchers from the George Institute supervised students in innovative projects ranging from healthy food intervention at UNSW to drowning prevention in India. We are grateful to Dr Shannon Thomas and The George Institute for Global Health for their assistance in establishing this unique, one-of-a-kind opportunity. The pilot year of the program was well-received by all involved, and we look forward to expanding this scholarship initiative in years to come.

MSAP's role in global health representation also stepped up a notch this year, taking our key advocacy priorities to the national and international stage. The Detention Harms Health march (page 20) and National Justice Project (page 28) allowed us to add to the growing

momentum behind ending offshore detention for refugees and asylum seekers; a momentum which eventually culminated in the evacuation of all detained critically ill children from Nauru. Meanwhile, the Time2Choose climate rally (page 30) gave us a chance to step up and demand a transition away from fossil fuels; a sentiment echoed by the Australian Medical Students' Association with their divestment announcement in August, and the UNSW Medical Society with their commitment to carbon neutrality from this year. 2018 has reaffirmed the weight of 'people power' and the voices we have as medical students, and has driven home how imperative it is that we continue speaking up for those disadvantaged by health inequities.

Our commitment to international aid remained steadfast in our agenda in 2018 as we continued to expand our Food For Thought, Birthing Kit and Elective Aid initiatives. Enrolment in Food For Thought increased by 50% this year, and we witnessed a decline of 8% in stunting amongst the student population (page 12). We also assembled a record 2,600 birthing kits for mothers in need (page 21), and distributed medical supplies across six countries through our Elective Aid Project (page 10). In particular, we made policy changes to the Elective Aid Project based on feedback provided in previous years. These changes will enable some students to spend up to \$2,000 to make a greater long-term impact and buy much needed equipment (e.g. ICU beds, ultrasound machines, computers, etc.) that will support the health facilities for many years to come. We hope to expand our global outreach in 2019 with the continuation of these initiatives and more, in particular strengthening out relationship with the Medical Action Myanmar and Food For Thought communities.

The last twelve months have allowed us to achieve more than we could ever have imagined. We have many people to thank, including the UNSW Division of Philanthropy, the Australian Medical Students' Association, the UNSW Medical Society and the MSAP Alumni Network. We are grateful to the MSAP Executive of 2018, a powerful team of vibrant individuals that never once lagged in their motivation. We count ourselves lucky to have known and worked with them. Most of all, we are eternally grateful to our donors and all those friends, students,

families and volunteers who have supported us in continuing to increase our global and local impact. The MSAP Executive of 2019 certainly have a strong act to follow, but we've seen a glimpse of what the coming year holds – and we're excited already.

Best wishes on your global health journey in 2019,

Lokesh Sharma and Isabelle McKay

MSAP Co-Chairs 2018

# WHO WE ARE

# Our Story

MSAP was established in 2001 by UNSW medical students Greg Fox and Greg Moloney. The 'two Gregs' were inspired to set up MSAP after their elective placements in a Malawi hospital, where they were made critically aware of the pitfalls of health resource poor communities. On one experience attending to a car accident victim, they opened the resuscitation box only to find a band-aid and a dead cockroach. This realisation about the lack of basic medical equipment in resource-poor communities motivated them to establish MSAP and initiate a medical supply project (now the Elective Aid Program). Eighteen years later, MSAP continues its legacy of supplying medical equipment to the developing world, and is developing its role in education and advocacy for global health issues.

#### Our Vision

To empower medical students to create a world with equitable, sustainable and universal healthcare.

# Our Mission

To contribute positively to global health through local and international health projects, education and advocacy.

# Management Structure

MSAP is a student-run charitable group at the University of New South Wales (UNSW), Sydney, Australia. MSAP is run by a team of 17 volunteer executive members, with additional subcommittee volunteers and a general membership of over 500 students. We support our work through donations, fundraising, and where possible, sponsorship. As the Global Health Group (GHG) of UNSW, MSAP is part of the Global Health Committee of the Australian

Medical Students' Association (AMSA), which represents and coordinates medical students interested in global health.

For the first time in 2018, we have established the MSAP Board which supports the Executive team in an advisory capacity and maintains institutional memory. The MSAP Board consists of up to seven members, of which a majority are current or recently graduated UNSW students.



# MSAP Executive 2018

Co-Chairs	Lokesh Sharma & Isabelle McKay
Secretary	Patrick Song
Treasurer	Abidev Kuhasri
Sponsorship and Alumni Officer	Keerti Paida
Publicity Officer	Panchalee Perera
Education Officers	Jumaana Abdu & Tajwar Ali Khan
	Preshita Pande, Aidan Tan (Jan-July) & Farah
Electives Officers	Joy Hawila (July-Dec)
Projects Officers	Yuri Nwe & Roshell Perera
AMSA Global Health Representative	Keerthi Muvva
Crossing Borders Coordinator	Rachel Wong
Code Green Coordinator	David Liu
First Year Representatives	Rachel Tam & Anju Ramanayake

# MSAP Board 2018

Carrie Lee	Co-Chair 2017
Isaac Chan	Co-Chair 2017
Pasan Pannila	Co-Chair 2016
Greg Fox	Co-Founder
Greg Moloney	Co-Founder

# MSAP Executive 2019

Co-Chairs	Yuri Nwe & Roshell Perera
Secretary	Purshaiyna Thirukumar
Treasurer	Tajwar Ali Khan
Sponsorship and Alumni Officer	Sally Boardman
Publicity Officer	Tiyasha Sabud
Education Officers	Mashaal Hamayun & Roshi Kan
Electives Officers	Annam Muthiah & Kith Lee
Projects Officers	Brenda Ng & Ash Li Khoo
AMSA Global Health Representative	Vivian Hu
Crossing Borders Coordinator	Ro Stoddart
Code Green Coordinator	Rachel Tam
First Year Representatives	Yvanna Lei & Jumpei Takeuchi

# MSAP Board 2019

Isabelle McKay	Co-Chair 2018
Lokesh Sharma	Co-Chair 2018
Carrie Lee	Co-Chair 2017
Isaac Chan	Co-Chair 2017
Pasan Pannila	Co-Chair 2016
Greg Fox	Co-Founder
Greg Moloney	Co-Founder

INTERNATIONAL PROJECTS

Elective Aid Project

MSAP Elective Officers: Presh Pande & Farah Hawila

Cost for 2017-2018: \$4,530 (\$500 per elective site x 14 students)

Projected cost for 2017-2018: \$10,000 (\$500 per elective site x 20 students)

Funding: Previous Donations

The Elective Aid Program (previously known as the Elective Grant Scheme) is an expansion of MSAP's longest running project, donating medical equipment to hospitals in developing countries. As of 2015, MSAP no longer ships equipment overseas, but facilitates students to purchase new equipment in-country. Every year, MSAP provides monetary grants for fifth

year medical students to purchase resources for hospitals in developing countries where

they are undertaking elective placements. As of 2018, MSAP has increased the upper

funding limit from \$500 to \$2000 per group per elective in order to encourage long-term

product purchases. By providing medical equipment, the project seeks to improve health

outcomes and ease financial barriers to adequate healthcare in these communities.

Over the 2017-2018 elective period, 14 students participated in the Elective Aid Program,

donating equipment to hospitals in Sri Lanka, China, Belize, India, Tanzania and Vietnam.

Various donations included antibiotics, stethoscopes, pulse oximeters,

glucosemeters, blood pressure monitors, nebulisers, and sterile surgical equipment. For the

2018-2019 elective period, 27 students so far have signed up to make donations to a total

of twelve countries.

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The Dili Eye Hospital was one site involved in the 2018-19 Elective Aid Project.



MSAP provided a new laptop and printer for the health administration services at Lady Ridgeway Hospital for Children, Colombo, Sri Lanka.

Food For Thought

MSAP Projects Officers: Yuri Nwe & Roshell Perera

Cost for 2018: \$3,500 (\$20 feeds one child for a year)

Funding: \$3,500 (from annual food stall at Diwali Mela Festival, Parramatta)

Projected cost for 2019: \$7500 (\$3500 for food and \$4000 for the construction of toilets at

the school)

MSAP believes that every child should have access to a basic education. In 2016, MSAP

established the Food for Thought project at the Seem Shala Jibhaipura school in rural

Gujarat, India. The project aims to increase school attendance rates, participation and

attention by targeting student nutrition.

In 1984, the Government of India identified poor education as a major issue, launching the

'Midday Meal Scheme' to incentivise parents to send their children to school by providing

school students with one square meal per day. Later in 2001, this was amended to one

cooked meal a day. However, despite these efforts, it is well recognised that both nutrition

and education for school students remain subpar. This was starkly apparent when MSAP

Project Officer Heeral Thakkar visited Seem Shala Jibhaipura, a school in Nadiad, rural

Gujarat, in December 2015. Heeral saw that many students were tired and finding it difficult

to concentrate in class. Nutrition is an underlying issue. Many students in this population do

not receive sufficient nutrition at home, and have deficiencies in iron, calcium, vitamins and

minerals.

After liaising with nutritionists, MSAP began the Food For Thought project to provide

nutritional supplements for the students at Seem Shala Jibhaipura. This includes Bournvita

with milk, chickpeas, nuts and fresh fruit, three times a week. MSAP also creates health

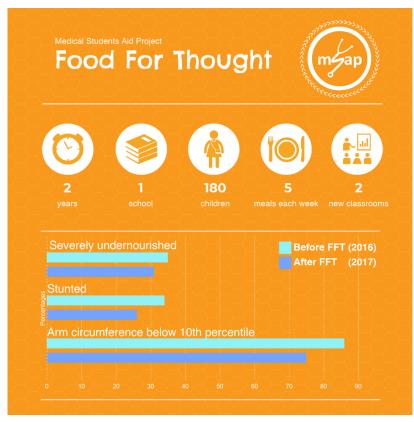
education videos twice a year to educate students about good health practices. The

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October 2018 health education video explored the challenges of adolescence and peer pressure, focusing particularly on drugs and alcohol.

#### **Impact**

In 2017, MSAP provided nutritional supplements and health education to 180 students. Feedback from teachers and parents have described a positive response to the nutritional Teachers supplements. noticed improvements in class numbers as parents respond to the attendance incentive of accessible meals. Children have also been more energetic and attentive in class. Baseline height, weight and mid-upper arm circumference measurements were taken in March 2016 and every six months thereafter.



Infographics were published after comparative statistics were generated at the 12 month data collection timepoint for Food For Thought.

In March of 2018, we analysed data and found:

- Enrolment in 2017 increased to 31 newly enrolled year 1 students, a 50% increase from the previous year
- At baseline:
  - o More than one in three students were severely undernourished (35%)
  - o More than one in three were stunted (34%)
- Percentage of students who were stunted decreased from 34% to 26%
- Percentage of students who had severe undernutrition decreased from 35% to 31%

- Percentage of students with MUAC<10<sup>th</sup> percentile decreased from 86% to 75%

The jump in student numbers in the 5-6 year (29 to 38 students) and >11 year age group (28 to 48 students) may be explained by more parents sending their children to school as a result of supplemental meal provision by FFT as well as the two new classrooms that have allowed more students to continue their education into 7th and 8th grade.

The major goal in 2018 was to establish project sustainability. Through the hard work of volunteers at the annual Diwali Mela Festival food stall, and the gracious donations of students at UNSW and donors from the wider community, Food for Thought will continue to provide for the 180 students at Seem Shala Jibhaipura. From this data, we were able to create infographics that presented findings in an engaging and interactive way.



Students at Seem Shala Jibhaipura watch the health videos developed by MSAP.

# Medical Action Myanmar

#### MSAP AMSA Global Health Representative: Keerthi Muvva

Cost for 2018: \$2800

Funding: Red Party and Red Week (in conjunction with WSUs Global Health Awareness

Western Sydney)

Projected cost for 2019: \$2800

Access to healthcare in Myanmar (Burma) is difficult those with little to spare. With an underfunded health system, healthcare is typically privatised and many people cannot afford to pay their medical expenses out-of-pocket. Medical Action Myanmar (MAM) is an international medical aid organisation dedicated to improving access to health services for the people of Myanmar. MAM is non-profit, non-political and non-religious. MAM provide comprehensive primary healthcare services including maternal and child care, malnutrition treatment, sexual and reproductive health, and tuberculosis and HIV/AIDS treatment. They operate clinics in socioeconomically disadvantaged areas to reach people who are most in need.

In 2017, MSAP began a partnership with MAM to support Orchid Clinic in the township of Hlaingthayar. MSAP believes MAM's mission and activities align with our values of healthcare equity by providing health services to those at significant disadvantages. Their emphasis on HIV/AIDS, antenatal and sexual health services also align with our interest to develop our Sexual & Reproductive Health portfolio.



Respiratory support is provided as part of the multidisciplinary health service offered by Medical Action Myanmar.

In 2018, MAM proposed a nutrition program for pregnant women with low weight as a potential project MSAP could contribute towards. MAM has been running this program for two years at Orchid Clinic to provide antenatal care for women with HIV and the general population. As part of the program, women are screened for low weight using their heights, weights and mid-upper arm circumference. Those who meet the criteria are offered nutritional support with Plumpynut. If this is not tolerated, they are given dry rations. Women are supported through this program for the duration of pregnancy and up to forty-two days after delivery. In 2018, between 6-24 women are enrolled in this program every month. In November of 2018, this program was discontinued due to cessation of funding/

In 2019, MSAP decided to support this program with an annual \$2800 donation that will cover staff, equipment and logistics costs for 2020-2022.

# LOCAL INITIATIVES

## MSAP Summer Research Scholarship

MSAP Chairs: Lokesh Sharma and Isabelle McKay

Cost for 2018: \$7200

Funding: \$2500 donated by MSAP alumni, \$4700 provided by the George Institute for

Global Health

Projected cost for 2019: \$7200



Three global health research projects were jointly funded by MSAP and the George Institute For Global Health. At the conclusion of the project, students presented the research at MSAP's annual Launch Night.

The inaugural Summer Research Scholarship was borne out of a lack of global health research opportunities to interested students in the UNSW Medicine cohort. We hoped that this opportunity would provide students with a greater appreciation for the sociocultural aspects of health and disease as well as give them insight into the world of research and academia.

As a pilot project, MSAP offered 3 students the chance to undertake a research internship under supervisors at the George Institute for Global Health. Given that similar summer

research projects opportunities offered by universities offer a stipend and following initial planning meetings with the George Institute early in 2018, we sought to seek funding for a stipend. Thanks to a generous donation from Dr Shannon Thomas (2001 MSAP Executive member) as well as the George institute providing 50% of the funding, we were able to offer a \$300/week stipend for an 8-week internship to 2 students. After seeing the strong response and excellent candidates, the George Institute was able to provide further full funding for another student.

Erica Longhurst (Med IV) assisted with a literature review linking environmental sustainability and dietary health. Celia Kan (Med I) assisted to establish the ground work for a study looking at the epidemiology of drowning in West Bengal, India. Christina Wang (Med I) assisted with a pilot project to evaluate the prevailing beverage environment at UNSW.

All participating students presented their work as part of the projects at the 2019 MSAP Launch Night and had an extremely positive experiences during their internship. The first-year students who received the research scholarship were particularly appreciative of gaining an insight into global health research so early in their medical careers. Given the positive feedback and excellent interest, this is a project we hope to expand on in the next summer to 5 students, if we are able to secure funding and enough projects.

#### Global Health Short Course

#### MSAP Education Officers: Jumaana Abdu and Tajwar Ali Khan

The Global Health Short Course (GHSC) is MSAP's flagship student-engagement event, a four night lecture series designed to inform, challenge and empower students in relation to pertinent global health issues. Some of Australia's leading global health experts are invited to deliver powerful and thought-provoking accounts of troubling truths, with the ultimate goal of inspiring students to embark on their own global health journey.

The year boasted a stellar lineup including Mark Isaacs, renowned refugee activist and author, Associate Professor Peter Sainsbury, one of Australia's top climate health experts, Robyn Norton AO, founder of the *George Institute for Global Health*, and Laura Latina, midwife from *Médecins Sans Frontières*. Students heard about the plight of Australia's refugees, the under-recognised significance of global warming on global health, the impact of global health research and the horrific realities of working and living in a war zone.

This all resulted in 2018 marking the biggest GHSC ever hosted by MSAP, with over 337 registrations and 297 students attending at least three of the four sessions - a 37% increase

compared to the year before. From here the GHSC, looks to expand its format and increase funding to deliver an even bigger and better event for 2019.



MSAP's Global Health Short Course attracted a record-high attendance in 2018.

# Detention Harms Health - Student March for Refugees

#### MSAP Crossing Borders Coordinator: Rachel Wong

On April 2018, hundreds of medical students, health professionals and members of the public marched the streets of Sydney under the banner of 'Detention Harms Health'. Coorganised by a group of passionate medical students, it was directed at the Australian government to promote the utilisation of Australian medical personnel to independently assess the refugees and asylum seekers on Manus Island and Nauru. This is in light of the call made by the Australian Medical Association last year to the Federal government which advocated for access to the Manus Island centre to assess the refugees' health, wellbeing and living conditions. The march received an excellent turnout, leading to a letter in support published by the Lord Mayor of Sydney and a response from the refugees on Manus Island themselves.

The march was supplemented by multiple events held at different universities across Australia such as Call your MP event, banner-making nights and advocacy and education training events. This was the one of many campaigns that resulted in all of the children from Nauru being removed from detention and resettled and these efforts will continue with the current MedEvac Bill being passed.



The Detention Harms Health march, co-hosted by MSAP, garnered national attention.

Birthing Kit Night

MSAP Projects Officers: Yuri Nwe & Roshell Perera

Cost for 2018: \$1800 for 600 kits (2000 kits worth \$6000 were donated by the Birthing Kit

Foundation)

Funding: Previous Donation

Projected cost for 2019: \$3000

Every single day, approximately 830 women die from preventable causes related to

pregnancy and childbirth. 99% of these maternal deaths occur in developing countries; with

mothers giving birth in unsanitary conditions or without a skilled attendant.

In 2018, MSAP was able to hold two Birthing Kit Nights over the two semesters, owing to a

generous donation of 2000 kits from the Birthing Kit Foundation. Birthing Kit Night provides

students with a hands-on experience in global health aid and a way to make a tangible

difference in maternal mortality. This year we packed 2600 birthing kits and the event was

attended by 270 students over the two nights. MSAP purchased 600 kits, which each cost

\$3 and included simple materials such as a sterile plastic groundsheet, soap, gloves, gauze,

scalpel and string to tie the umbilical cord.

The students also had the opportunity to listen to a presentation by associate lecturer, Dr

Jerico Pardosi from the School of Public Health and Community Medicine, who spoke about

his direct experience in reducing maternal and infant mortality through the 2H2 System in

Indonesia.

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The kits packed by MSAP were distributed to organisations in India, Cambodia and Uganda.



Supported by a donation from the Birthing Kit Foundation, MSAP packed a record number of birthing kits across two nights.

# First Year Engagement

#### MSAP First Year Representatives: Rachel Tam & Anju Ramanayake

The role of First Year Representative provides first year students with an invaluable opportunity to gain insight on how MSAP operates as a whole. It is an excellent gateway into student advocacy, giving the First Year Representatives a chance to be involved with almost every portfolio. Moreover, the role gives first years the opportunity to contribute to the global community in their capacity as students, and working closely with other executive members who are passionate about equal health opportunities and advocacy quickly fostered a love for global health.

This year, we assisted with Birthing Kit Night, Global Health Short Course, and the Crossing Borders Refugee Q&A Stall, to name a few. First year engagement is particularly important to MSAP because every event is an opportunity to spark a new generation of leaders who are passionate about global health. Many MSAP events had high first year attendance rates this year, which was very encouraging for the team. We are pleased to see that the role of First Year Representative will be growing, as the reps will have the opportunity to engage

with the AMSA Global Health Initiatives, 'Healthy Communities' and 'Reproductive Rights' starting in 2019. We look ahead to the future of MSAP with great excitement.



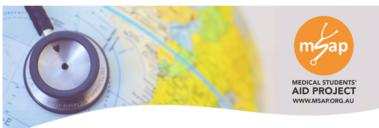
One of MSAP's First Year Representatives, Rachel (left), assists with MSAP's fundraiser bakesale.

## Global Health Briefing

MSAP Secretary: Patrick Song

This year MSAP's monthly membership mailouts were revamped in design but retained the educational focus on a topical global health issue. The template was redesigned to visually appeal better to readers by conforming to MSAP branding standards and optimising for mobile devices. The education topics were selected to align with Phase One Medicine teaching but to also appeal to the broader medicine readership. Topics covered included environmental waste, malaria, mental health, reproductive health, HIV/AIDS, refugee and asylum seeker health and hepatitis. To make the mailout more useful and readable, there was a transition from text-based articles to infographics, accompanied by related or current voluntary opportunities both within MSAP and externally.





# **MSAP Global Health Briefing**

Sunday 5th August 2018

MSAP Global Health Briefing
Monday 17th September 2018

(2) 5TH YEARS! If you're going to a developing country, join the Electives Aid Project.

In Focus - Hepatitis

In Focus - Refugee & Asylum Seeker Health





Examples of MSAP's Global Health Briefing in 2018.

AMSA GLOBAL HEALTH INITIATIVES

AMSA Global Health Report

MSAP AMSA Global Health Representative: Keerthi Muvva

MSAP was well represented at AMSA Global Health events and councils throughout 2019.

MSAP led the 2018 UNSW delegation to AMSA Global Health's annual Global Health Conference. This year, the 5-day Melbourne conference was themed "see the spectrum" and UNSW delegates were inspired and empowered with academic sessions (including speakers, break-out and up-skilling sessions) by day and a global health themed social calendar by night. The delegation enjoyed themselves immensely and MSAP looks forward to the 2019 Global Health Conference in Sydney.

MSAP was also represented at AMSA Global Health Council 1 and 2 last year. The Councils provide ways for global health groups across Australia to improve their advocacy by sharing ideas, participate in AMSA Global Health decision-making procedures, discuss policy and feedback for better support. In 2018, Council 1 was held in Sydney and Council 2 was held in Melbourne. Both Councils were effective in up-skilling attendees in areas such as social media use, organising speaker nights and policy. In the future, it is hoped that UNSW medical students will take up this opportunity to participate in national-level decisions- it's a fantastic way to meet AMSA Global Health executive and share a passion for global health.

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# Red Party





Red Party, a collaborative initiative between MSAP and Western Sydney University, raised over \$2000 in 2018.

The annual Red Party is a fundraising party event hosted in collaboration with the Western Sydney University Medical Society. Red Party was first run as an initiative of the Australian Medical Students Association's national project "Sexual Health and Reproductive Rights" and the focus of its advocacy and donations is in line with this theme.

The party raises funds for Medical Action Myanmar (MAM), a medical aid organisation that aims to improve access to health-care for the poorest demographics in Myanmar. The organisation has a particular focus on preventing HIV transmission, fitting well with the party's theme. In 2018, 160 tickets were sold and Red Party raised a total of \$2025 for MAM.

Crossing Borders

MSAP Crossing Borders Coordinator: Rachel Wong

In 2018, Crossing Borders promoted, educated and brought awareness and advocacy to

the mental and physical issues affecting refugees and asylum seekers. This year, the

Refugee Awareness Q and A Library Stall and Asylum Seeker Centre Donations Drive were

among the new initiatives that were implemented along with the keynote Crossing Borders

Speaker night and National Justice Project Volunteer Induction Day that is held every year.

By aligning with not-for-profit organisations, Crossing Borders hopes to support even more

students who are passionate about global health to learn more about current issues and

encourage participation in activism and advocacy to address these concerns.

National Justice Project Volunteer Group

The National Justice Project (NJP) volunteer group assists the NJP with various cases

throughout the year through researching and building a medical chronology for cases

providing representation for disadvantaged and vulnerable peoples such as refugees. In

2018, MSAP conducted a selection process resulting in 25 passionate volunteers with 6

assisted cases for organising, researching and building on the client files.

Refugee Awareness Week Q & A Stall

As part of Crossing Borders Refugee Awareness Month, Crossing Borders and Vision

Generation (World Vision) held a Q and A stall in support of the #KidsOffNauru campaign.

The stall provided all university students and staff through watching videos of confronting

questions being answered by members of the refugee community and led to multiple

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meaningful and in-depth discussions for both the volunteers and passer-bys. In total, there were 120 conversations made that day!

# Asylum Seeker Centre Donations Drive



Rachel delivered over 100 items the UNSW student body donated to the Asylum Seeker Centre.

MSAP held a week-long donation drive in support of the Asylum Seekers Centre in Newtown, which is an organisation which has cared for more than 3, 200 asylum seekers including 814 children and works towards providing support and services for people seeking asylum during 2017/8. This resulted in over 100 hundred items being donated by medical students and staff!

#### Code Green

#### MSAP Code Green Coordinator: David Liu

AMSA's Code Green is a grassroots initiative run under MSAP, aiming to increase awareness and action towards climate health as future healthcare workers. Code Green also promotes healthy and sustainable communities through advocacy and education on global climate change issues. In 2018 Code Green once again ran Treevia Night with Medsoc Charities, raising over \$635 in donations towards Rainforest Rescue, an Australian based rainforest reclamation initiative with projects spanning from Tasmania to Ecuador. The event was run in the UNSW Roundhouse, providing increased seating and catering in a fun, casual environment. Capacity was reached with attendance at 127 people (primarily from phase 1 students) with aid from the introduction of the Medsoc Development Portfolio.

MSAP also joined forces with AMSA Global Health and Doctors for the Environment to reinforce a strong medical presence at the Time2Choose rally in Sydney. Marching alongside thousands of other passionate individuals and organisations, we stood up to our government and demanded a sustainable future – one without coal and gas.



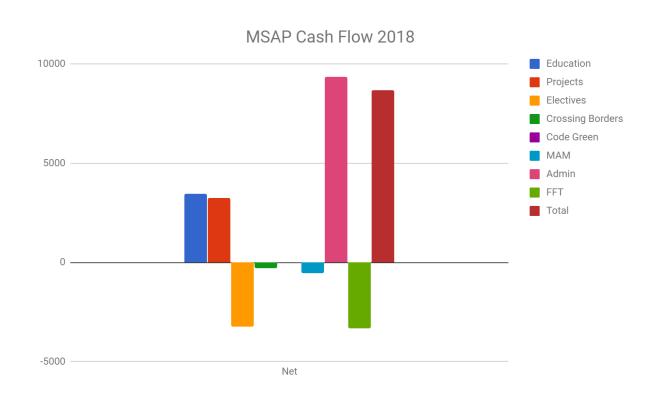
MSAP had a strong presence at the Time2Choose climate rally in April 2018.

A Clothing Donation Appeal organised for the first time in October also aimed to support sustainable reuse of resources alongside the promotion of social welfare. This was achieved through soliciting clothing donations from the medical cohort to be sent in support of the Smith's Foundation. As of writing, we've received 3 full boxes of donations via passive collection.

# FINANCIAL REPORT

MSAP Treasurer: Abidev Kuhasri (2018) and Tajwar Ali Khan (2019)

#### Year in Review



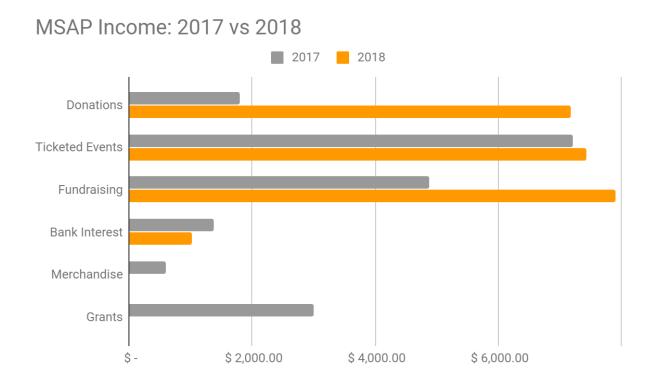
2018 was perhaps MSAP's healthiest fiscal year in recent memory - finishing the year with a net gain of \$8,674.93. This is the first time since 2013 that MSAP has seen a positive turn over, and a large one at that.

A total of \$19,599.98 was spent on MSAP projects and associated operation costs - this was a huge decrease from the \$31,579.89 spent the year before. Primary reasons for this included:

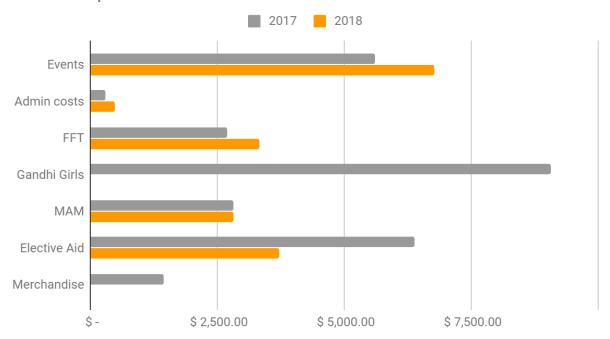
- Completion of the Gandhi Girls project the year before, no longer requiring funds,
- Donation of over 2000 birthing kits for the ever so popular Birthing Kit Night, meaning there was no longer a requirement to purchase them ourselves

- A quiet year for the Electives Aid Program, only costing \$3528.35 compared to almost twice as much the year before

A total of \$25,774.31 was recuperated across the board. A large part of this increase could be attributed to the success of this year's GHSC, almost doubling in revenue with no real addition of costs. Bunning's and Grill'd were also a successful source of revenue for MSAP over the year, generating a total of \$1389.04 in fundraising. But most importantly, a colossal \$8,191 was accumulated in MSAP's financial account with the university - \$7,175 of it from donations, a largely unmatched number, and the remaining \$1,016 from interest. Most other revenue was not dispensable but rather already assigned to other programs, such as the \$3,500 from the Diwali Mela for the Food For Thought program or the \$2249.51 from Red Party for supporting Medical Action Myanmar.



## MSAP Expenditure: 2017 vs 2018



# **Future Projections**

Expenditure is expected to increase for the Elective Aid Program (with an assigned budget of \$10,000 for the 18/19 Electives cycle), Birthing Kit Night (as kits won't be donated this year), and MSAP's Research Scholarship (as there's a low chance to secure the same alumni donations as before and hence will come out of pocket).

The successes of GHSC are expected to continue, and net expenditure and expenses across all other projects is also expected to remain the same.

In terms of sponsorship however, with the shifted focus established in 2018 and increased access to sponsors, there's an expectation for increased revenue to be obtained from sponsors. To balance that, however, the \$7,175 netted from donations is very unlikely to be matched in 2019.

# Challenges

Expenditures are predicted to increase heavily in 2019, and there's a fair expectation that the sheer number of donations received in 2018 won't be matched in the following year – meaning that the financial stability/growth we experienced over the past twelve months may not necessarily continue into the coming year. Despite the positive figures for 2018, there is a great need to build sustainable and consistent sources of revenue to ensure MSAP's longevity as a charity to avoid reducing funding for other programs in compensation.

# MSAP ALUMNI

#### MSAP Alumni and Sponsorship Officer: Keerti Paida

This year was our first in reaching out to alumni and growing the network. Highlights of this year include sending out the first alumni newsletters, organising our first alumni dinner in September, meeting one of our founding members Dr Greg Fox and receiving a generous donation from Dr Shannon Thomas, from the MSAP team of 2001. As the alumni network grows, we hope to build a series of mentoring, networking and sponsorship opportunities. We're looking forward to seeing many more familiar faces at our upcoming alumni events!

If you're interested in joining our network, visit our website at <a href="www.msap.org.au/alumni">www.msap.org.au/alumni</a>.



**GET INVOLVED** 

1. Become an MSAP member

MSAP Members receive a monthly Global Health Briefing which provide topical updates in

global health as well as information about upcoming events and volunteering opportunities

both within MSAP and externally. We welcome members to attend our events, volunteer

and apply for Executive and Sub-committee positions.

Sign up here: <a href="https://www.msap.org.au/get-involved/">https://www.msap.org.au/get-involved/</a>

Stay in the loop on Facebook: <a href="https://www.facebook.com/msapfb">https://www.facebook.com/msapfb</a>

2. Donate to support our work

We truly value the support of all our donors who make it possible for us to make our impact.

As MSAP is run entirely by student volunteers, 100% of donations go towards supporting

our programs locally and internationally. Tax deductible donations can be made via UNSW

Philanthropy Office. Simply visit <a href="https://www.msap.org.au/donate-1/">https://www.msap.org.au/donate-1/</a>

UNSW Philanthropy is unable to provide us with the contact details of donors for privacy

reasons. If you have donated, please email us at chair@msap.org.au so that we can show

our appreciation!

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msap.org.au